

“Eat Yourself Skinny!”

35-year old mother of 2 reveals how she **LOST 105 POUNDS** and finally won the battle over her weight after a lifetime of yo-yo dieting



For the first time in my life, I can finally fit into a single-digit size – better yet, a size 8! That’s a huge victory for me because even as a teen, I had to wear a size 10 or 12. I was always told ‘You’d be so pretty if only you lost the weight.’ Because of my size, I never really enjoyed shopping, dating, taking pictures with my friends or any of the typical teenage girl stuff. After getting married and giving birth to my two children, the weight continued to pile on until I reached my all-time high of 266 pounds.

Like many women, I’ve tried everything under the sun to lose weight – diet pills, pre-packaged meals, supplements, calorie counting, liquid diets... and the list goes on. Every once in a while, I’d actually lose a couple pounds, but then I’d end up gaining the weight right back –

and some extra pounds on top of it!

Tired of yo-yo dieting and frustrated with my results, I pretty much resigned myself to being a size 24. But my wake-up call finally came when I flew out to California for a family vacation and could barely fit into the airplane seat. Reality hit me like a ton of bricks. I was larger than I had ever been and I knew then and there that I had to do something about my body – if not for myself, then at least for my family.

THE CLINICALLY PROVEN BREAKTHROUGH

After trying and failing at so many diet programs, I was hesitant to start again and try something different. I remembered seeing an infomercial for a new product called SENSEA® that claimed you could lose weight simply by sprinkling it on all your meals and snacks. It definitely sounded too good to be true, but I just couldn’t get it out of my mind. Of all the products I had tried in the past, none had promised

that I wouldn’t have to change anything in my lifestyle – I could continue to eat what I normally eat and still lose weight without counting a single point or calorie or adding an exercise program to my already hectic schedule. But before I fell for another marketing gimmick, I decided to do a little research for myself.

Rather than just another fad diet product, I discovered that SENSEA® is actually the result of over 25 years of research and testing by a practicing neurologist named Dr. Alan Hirsch. His extensive studies focus on the link between your sense of smell and taste and the affect they can have on weight-loss. When sprinkled on food, SENSEA® works with your senses to trigger your body’s natural hunger control switch, so you feel full faster, eat less... and ultimately, lose weight. What sounded like magic was actually proven effective in one of the largest clinical studies ever conducted on a non-prescription weight-loss system. In a 6 month clinical study, 1,436 men and women lost an average of 30.5 pounds without changing their diet or exercise routines; all they did was sprinkle SENSEA® on everything they ate.

Reading the facts and considering the research, I decided the only way to know if SENSEA® would really work for me was to try it for myself.

FROM ‘MUFFIN-TOP’ TO HOURGLASS

I ordered SENSEA® and followed the simple directions – I began sprinkling it on all my meals and snacks, and the effect was almost immediate. On my third day using SENSEA®, I had spaghetti with meat sauce for dinner – my all-time favorite meal – and I felt perfectly full from eating just half of my plate of pasta. Normally, I would have gone back for seconds! I knew that it was actually working, but I crossed my fingers that the scale would prove it.

Sure enough, I lost 2 pounds in the first week, and 7 ½ pounds that very first month. As the weeks and months went on, the pounds continued to fall off. What was once a ‘muffin top’ began to transform into an hourglass figure. For once, I began to enjoy shopping for new clothes and wearing styles that showed off my new body. And I no longer felt the urge to hide whenever a photo was being taken! I was so motivated by my results that I even started jogging and eventually ran two 10K races. This from the girl who used to avoid running the mile in high school P.E.!

LOSE WEIGHT WITHOUT GIVING UP YOUR FAVORITE FOODS

The best part about this whole journey has been that I haven’t had to make any changes whatsoever to my lifestyle. I still go out to my favorite restaurants with my husband. And I can eat whatever my family is having – whether it’s pancakes on the weekends or chicken nuggets from the drive-through on those hectic weeknights. I simply sprinkle my SENSEA®, and I’m good to go! It really doesn’t get any easier.

I’m proud to say that I’ve now lost 105 pounds with SENSEA®. That’s almost a whole person! Thanks to SENSEA®, I can finally play with my kids, take the stairs, shop in real stores, eat out and feel healthy and fit for the first time in my life. I feel like I can do almost anything now, and that confidence is priceless. SENSEA® worked for me, and it can work for you, too. Claim your 30-day FREE trial just like I did where the only thing you have to lose... is YOUR unwanted pounds!

- Wendy, from Tyler, TX

LOSE 30 POUNDS WITHOUT DIETING

If you have 30 pounds or more to lose, it’s time to stop dieting and try SENSEA® – the first **clinically proven** sensation that you sprinkle on to take the pounds off. Lose weight while continuing to enjoy the foods you love – simply sprinkle SENSEA® on everything you eat and feel full faster, curb your appetite and reduce cravings. **You’ll lose weight without having to think about it.**

For a limited time, you can try SENSEA® yourself FREE for 30 days, Satisfaction Guaranteed.** Call (800)507-3460 today or visit sensaoffer.com/parade HURRY! Over 1 million FREE TRIALS have already been claimed. Limit one per household.

**Product is free to try for 30 days, shipping and handling fees apply. 30-day trial period with satisfaction guaranteed.



*Studies show average weight loss of 30.5 lbs in 6 months. Wendy used Sensa for 27 months with a sensible diet and exercise. Wendy is a SENSEA® Contest Winner.